

# Adreon Denson Henry *Contemplation Stone*

## Meadowview Triangle in Highland

May 29, 2020

### Directions for use:

- Arrive at installation site
- Stand on contemplation stone
- Look towards sky
- Take a deep breath
- Make a wish, solidify a goal, or recall a memory or loved one
- Walk around the stone, as if in orbit, for one rotation
- Reflect on this experience as drifting off to sleep later in the evening

Enjoy!

### How to get there:

The Highland Neighborhood is South of 183, North of Airport, East of N. Lamar, West of I-35.

From the intersection of Airport Blvd and Lamar travel North on N Lamar, pass St Johns, Turn right onto Crestland, Go through one stop sign, when you reach a fork in the road you have arrived at Meadowview Triangle, at corner of Meadowview and Crestland Dr.

The Contemplation Stone is in the Northwest corner of the triangle.

