

updated February 27, 2021

TO

paths and directions, considered

Austin, Texas, and beyond

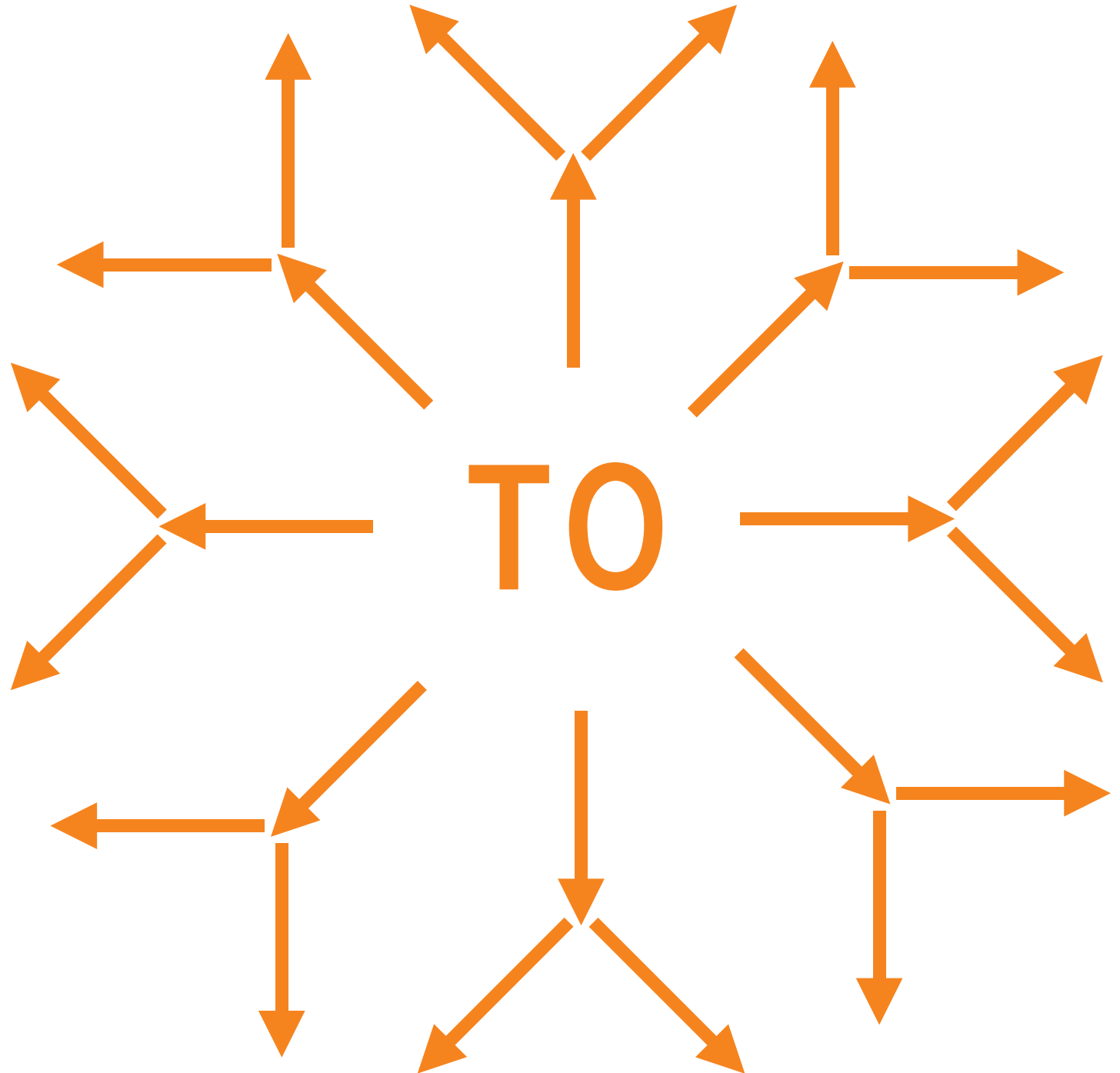
- Tammy West
- Zoe Berg
- Laura Latimer
- Staci Maloney & Michelle Smolensky
- Adreon Denson Henry
- Sean Ripple
- Amanda Julia Steinback
- Chris Lyons
- Emma Hadzi Antich
- Alyssa Taylor Wendt
- Amy Scofield & Lisa Hallee
- Ted Carey

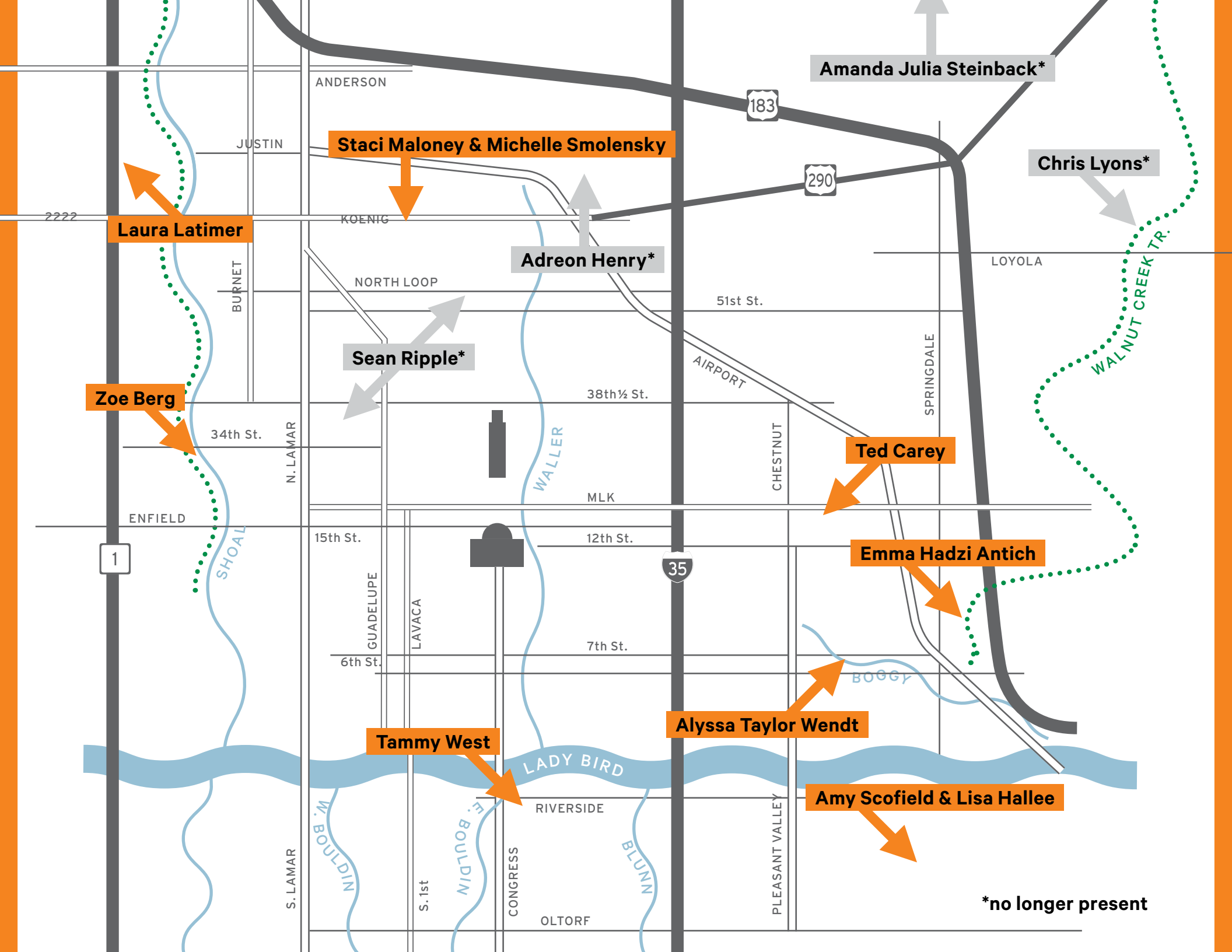
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NORTHERN-SOUTHERN

northern-southern.com

instagram: @northernsouthern





Tammy West

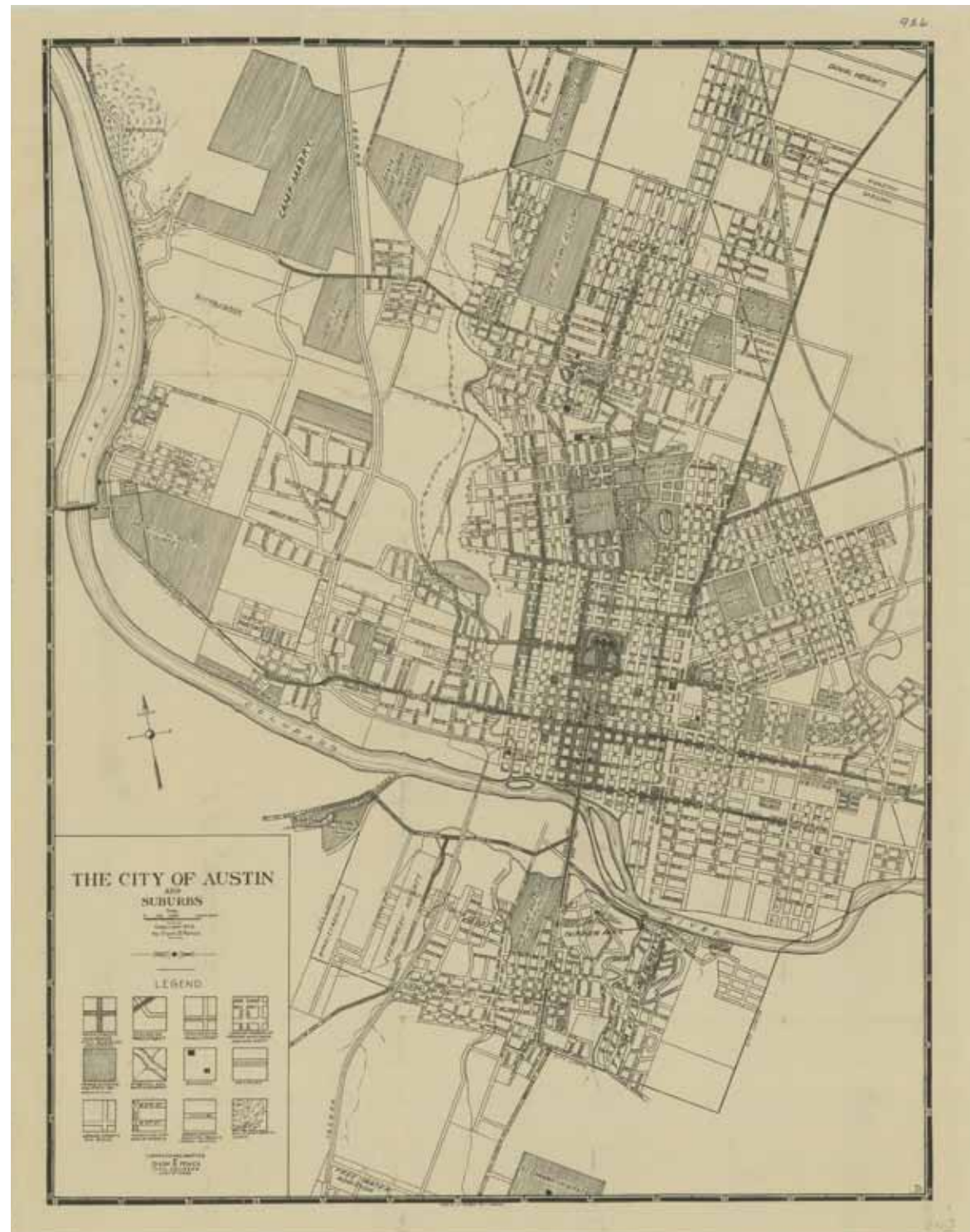
The historic path of Bouldin Creek
2021

Vials of water from Bouldin Creek are hung in the direction and location of the old creek path.

Newning at Riverside
on the edge of Travis Heights

[Google Map](#)

[Apple Map](#)



Zoe Berg

Spectacles
2021

Eight postcards are placed alongside the Shoal Creek Trail path just south of the 34th Street Bridge.

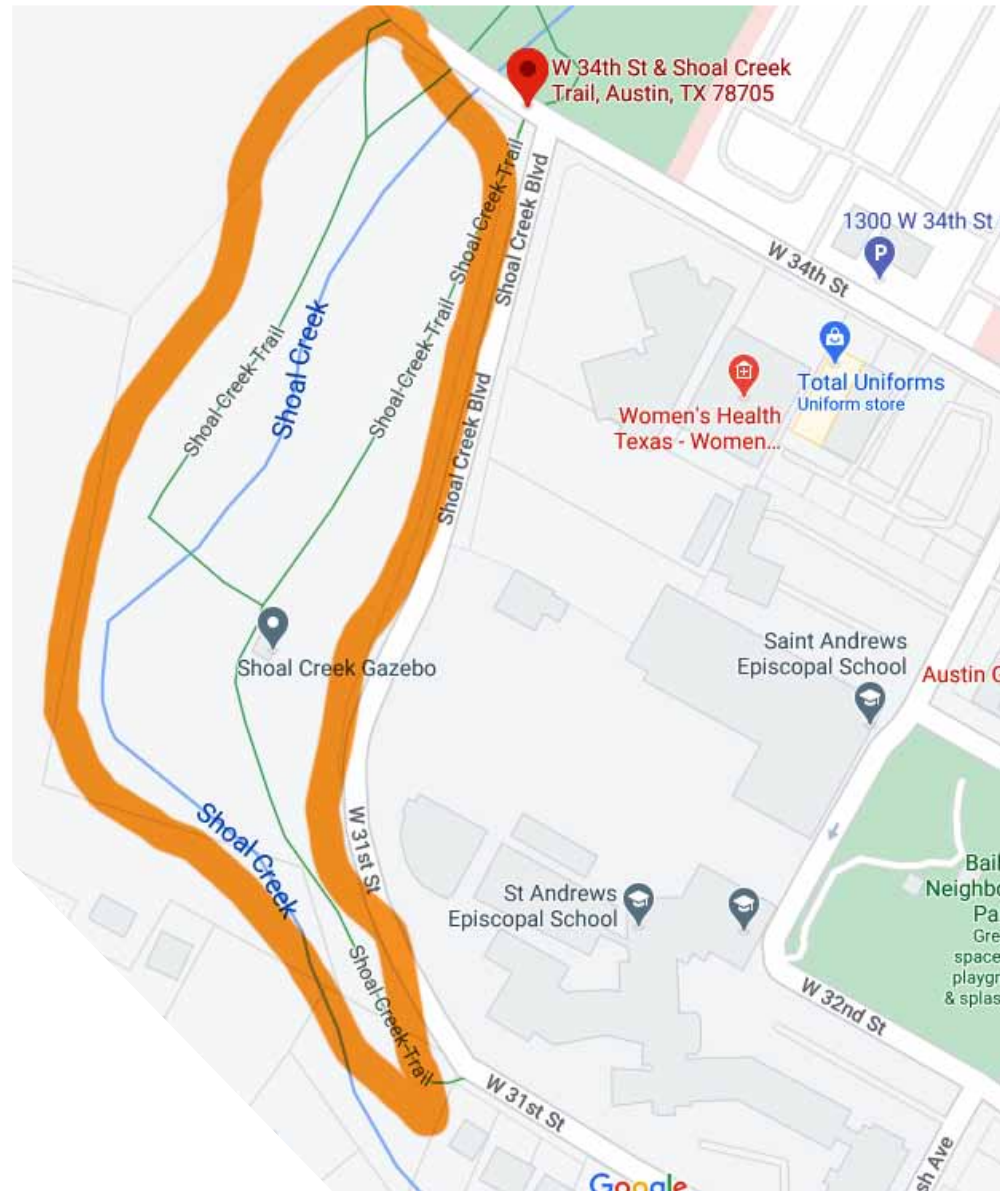
On each card is a QR Code linking to a video.

Shoal Creek Trail south of the 34th Street Bridge

[Google Map](#)

[Apple Map](#)

the 8 postcards are placed within this area



Laura Latimer

Chasing Toto

2021

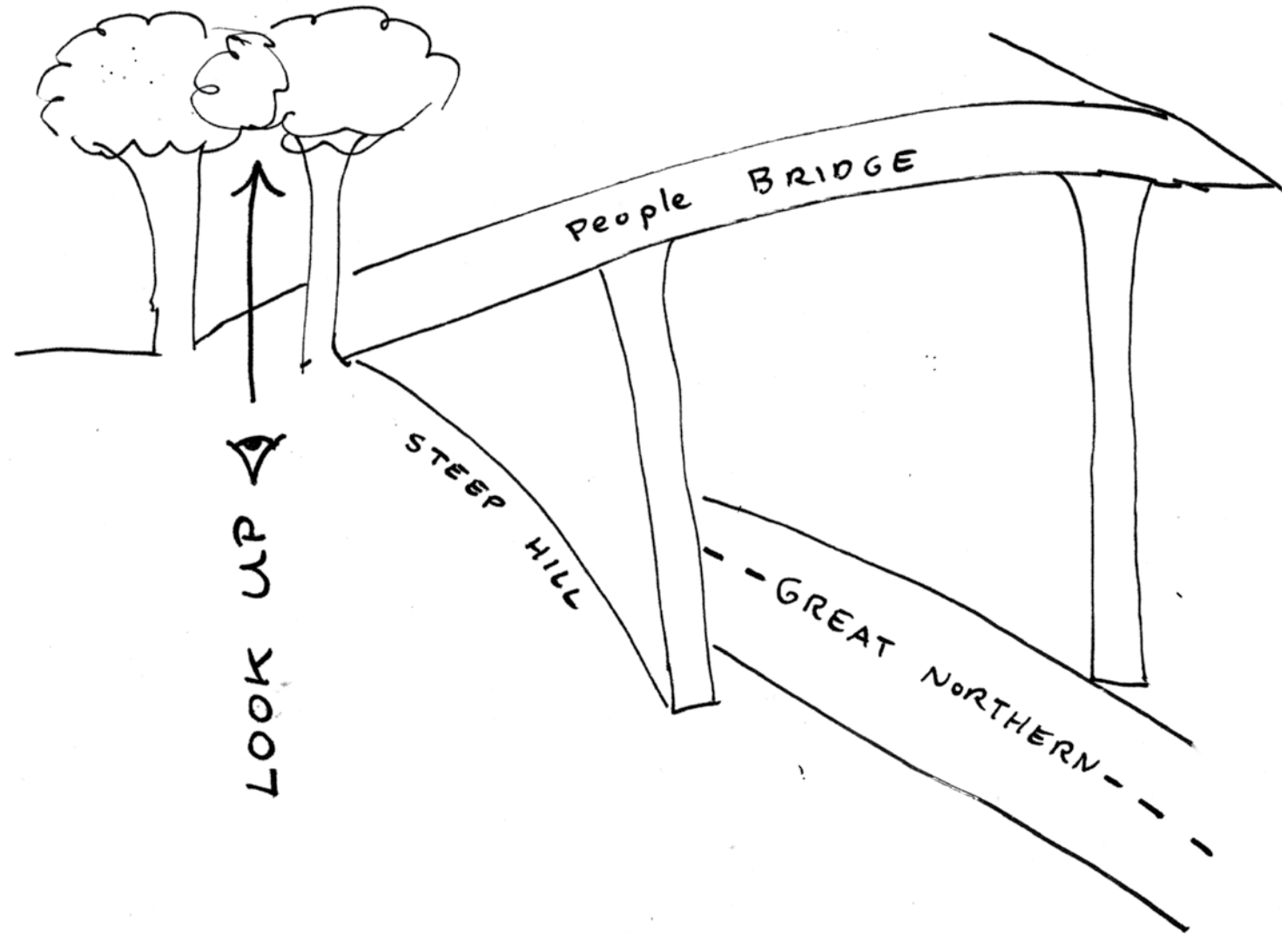
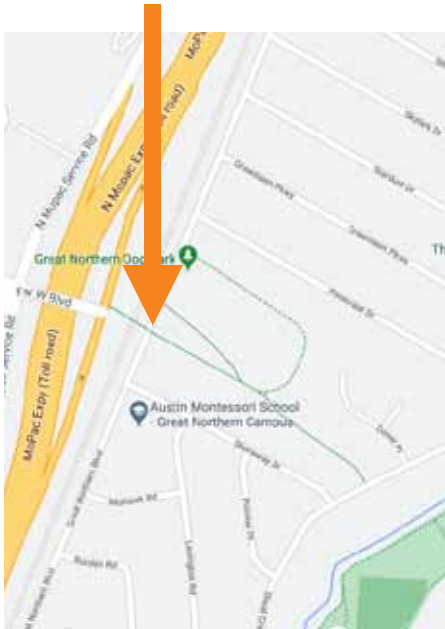
acrylic sheet, cat5 wire, poly tubing,
galvanized steel

On Great Northern Blvd. just north of
Stoneway in Allandale there is a people
bridge. At the entrance of the bridge
are two trees.

Walk up to the trees and look up. If it
is sun; look down for a shadow. If it is
windy; listen for a clickety-clack sound.

[Google Map](#)

[Apple Map](#)



Staci Maloney & Michelle Smolensky

Temple of RAIN
2021

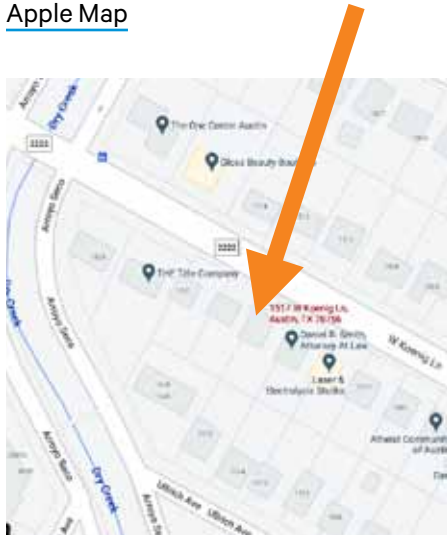
templeofrain.space

sand, paint, wood

1517 W Koenig Ln

[Google Map](#)

[Apple Map](#)



Find the sculpture and follow the instructions at left.

RAIN is a mindfulness tool for self-compassion and to ease difficult emotions. It was developed by Michelle McDonald and has been iterated upon by others, such as Tara Brach.

Resources

[Meditation: Light RAIN with Tara Brach](#)

[Other self-compassion exercises from Kristin Neff](#)

instructions

Find the arrow, and begin by standing in front of the panel the arrow is pointing towards. Bring to mind a difficult problem or feeling (such as loneliness, worthlessness, shame, guilt, etc).

—

Take a moment to Recognize what is going on
What thoughts, feelings, or behaviors are affecting you?
Do you know?
Now move to your right to the next panel

—

Take a moment to Allow the experience to be there, just as it is;
Let your thoughts, emotions, and sensations move through you.
Don't pile on judgment. Don't ignore your feelings.
Or focus on something else.

Just be.

Now move to your right to the next panel

—

Take a moment to Investigate
Ask questions with open curiosity and care
What is happening in me?
How does my body feel?
What belief am I holding on to?

Now move to your right to the next panel

—

Take a moment for Natural awareness
You are not your emotions.
You are the awareness that recognizes emotions.
Rest in our own natural, loving awareness.

Adreon Denson Henry

***No Longer Present**

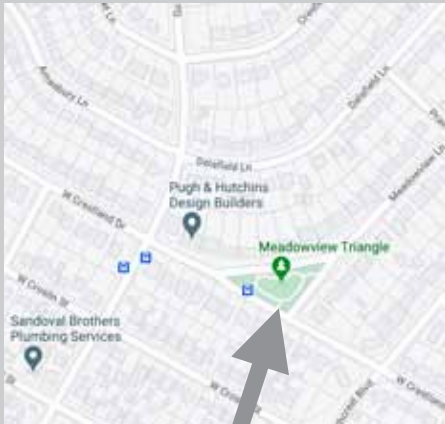
Sorry We're Closed
2021

bricks

Meadowview Triangle at the corner of
Crestland and Meadowview Ln

[Google Map](#)

[Apple Map](#)



***No Longer Present**



Sean Ripple

***No Longer Active**

cine-drift indicator
2021

sound collage, synchronized phantom jogging partners, and telescoped remote vision.

—————

For the month of February, Ripple will jog every other day between 10:30 and 11:30am

cine-drift indicator is a sound collage psychodrama to accompany the series of hour-long remotely tethered jogging events.

The first jogging event starts on 2/7/21 at 10:30 AM CST. Subsequent events will be at the same time every other day throughout the exhibition run.

If you'd like to participate in a jogging event, send your email address via text: `*_****_*****`.**

Ripple will then provide you with a sound collage file and further instructions.

Amanda Julia Steinback

SUBLIMINAL BLESSING

2021

SUBLIMINAL BLESSING is installed roadside and is viewable from your car, in four locations in southern Indiana, west of Evansville.

***No Longer Present**

[Apple Map](#)

Disclaimer: Menikheim RD is 2-wheel drive accessible but muddy when wet

BLESSING I:
THERE IS ENOUGH

BLESSING II:
YOUR WORTH IS INHERENT

BLESSING III:
RESIST SCARCITY THINKING

BLESSING IV:
ABUNDANCE



SUBLIMINAL BLESSING is a 4 part tour of healing intentions written on mini billboards mysteriously positioned around the plow broke fields of the artist's upbringing.

These intentions are aimed at the harming myths frequently sewn into the traditional ideas this and similar regions maintain that create false feelings of scarcity, paranoia, and isolation for the broader purpose of maintaining toxic systems of inequality. This project was meant to be a love letter to both the artist herself and the community she was raised in.

*I DEDICATE THIS PROJECT TO THE
MEMORY OF ELAINE L MARVER
1984-2021*

—Amanda Julia Steinback

Chris Lyons

***No Longer Present**

進め

2021

wood, paint

Two signs attached to a tree on the Walnut Creek Trail. The signs are roughly a quarter of a mile from Marked Mile 6. They are mounted to the right of an entrance of a bridge, visible when traveling north.

[Google Map](#)

[Apple Map](#)



Emma Hadzi Antich

You will/you will

2021

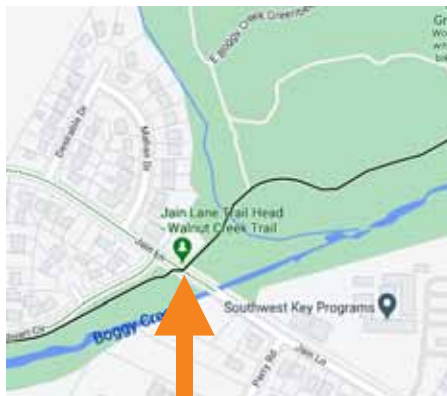
acrylic and gold leaf on wood

NOTE: reaching this art requires hiking a steep path. It may not be accessible to the mobility impaired.

Begin at the Walnut Creek Trail at the Jain Trailhead. If you drive, park here.

[Google Map](#)

[Apple Map](#)



begin here, and walk east on the trail

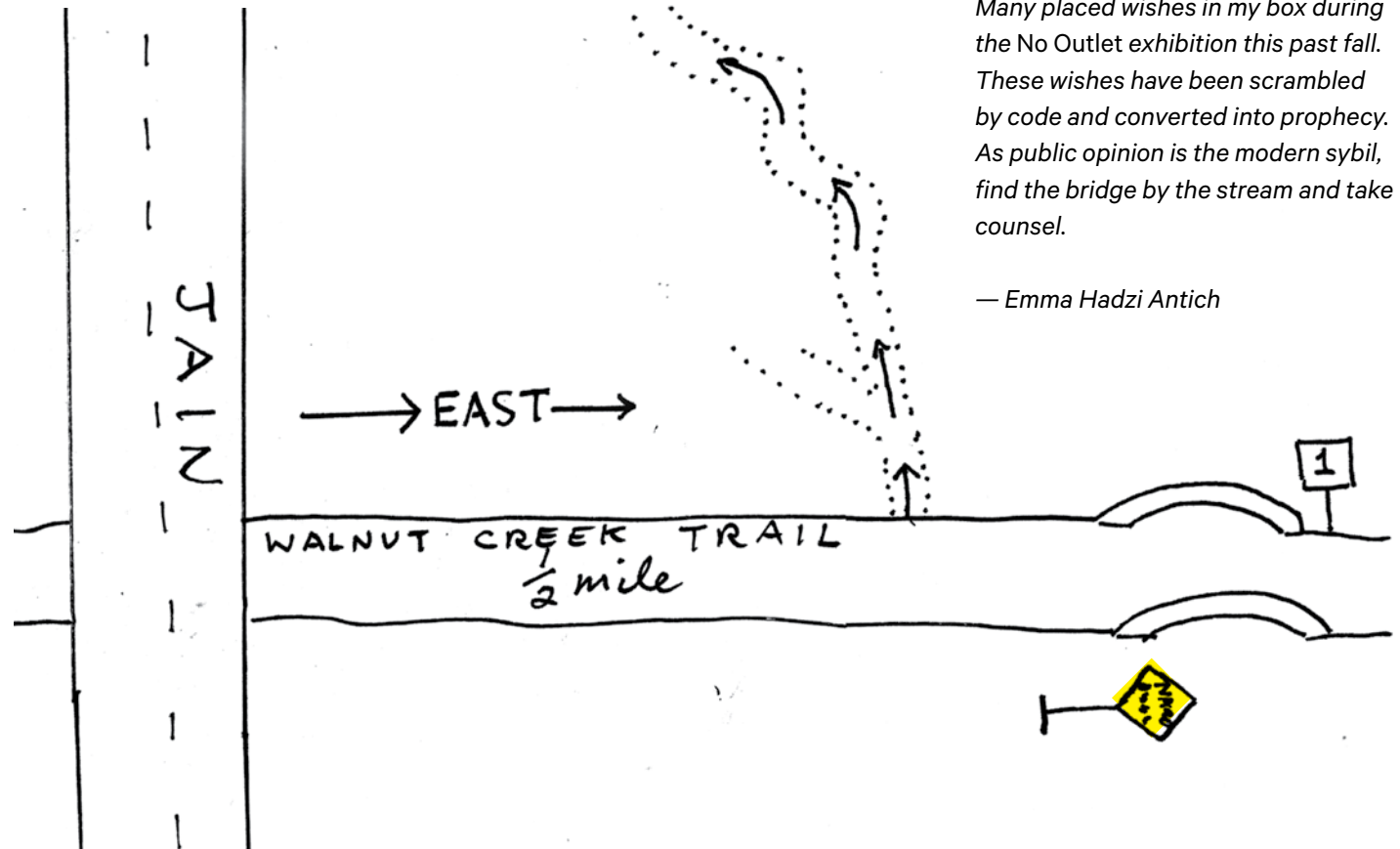
From Jain, walk east on the paved hike and bike trail. Stay on the paved path for about ½ mile.

Enter the woods at the second opening on the left, it will be near a bridge and sign that says “Narrow Bridge”. If you see the marker that says “1 Mile” you gone too far east.

Follow the trail, taking a right at every fork. At the end of the path is a steep drop to a railroad bridge.

Take care going down the hill. Find the Sybil box mounted under the bridge.

Open the box, pull a piece of paper until you see your fortune. Use the scissors to cut it off and take it with you.



Many placed wishes in my box during the No Outlet exhibition this past fall. These wishes have been scrambled by code and converted into prophecy. As public opinion is the modern sybil, find the bridge by the stream and take counsel.

— Emma Hadzi Antich

Alyssa Taylor Wendt

Mnemonic Mapping Project I-V
2021

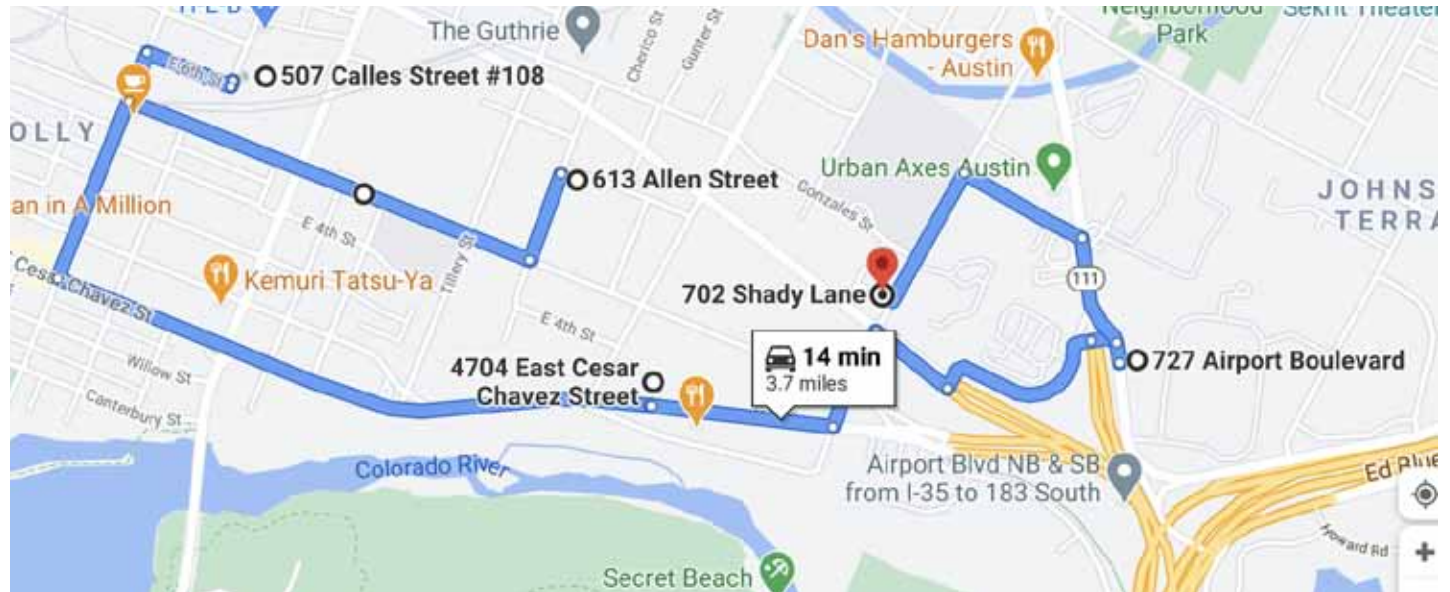
audio guide, map, memory
NFS

A neural landscape, this guided tour of East Austin is a meditational, interactive experience. Wendt takes us on a specific journey akin to a collective memory palace for an Austin art community.

[Download the MP3](#)



Play the MP3. Prepare for the journey, whether by car, bicycle or on foot and begin the audio, which you pause as you travel between locations.



I

613 Allen Street

[Google Map](#) [Apple Map](#)

II

507 Calles Street #108

[Google Map](#) [Apple Map](#)

III

4704 East Cesar Chavez

[Google Map](#) [Apple Map](#)

IV

727 Airport Boulevard

[Google Map](#) [Apple Map](#)

V

702 Shady Lane

[Google Map](#) [Apple Map](#)

Amy Scofield & Lisa Hallee

Xyloglyphs

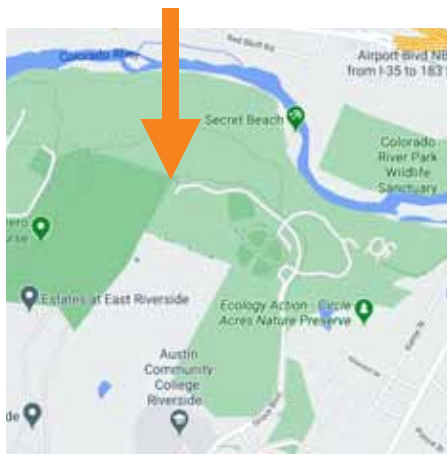
2021

grapevine, tree flagging tape

Begin at the parking lot at end of Grove Blvd in Roy Guerrero Park

[Google Map](#)

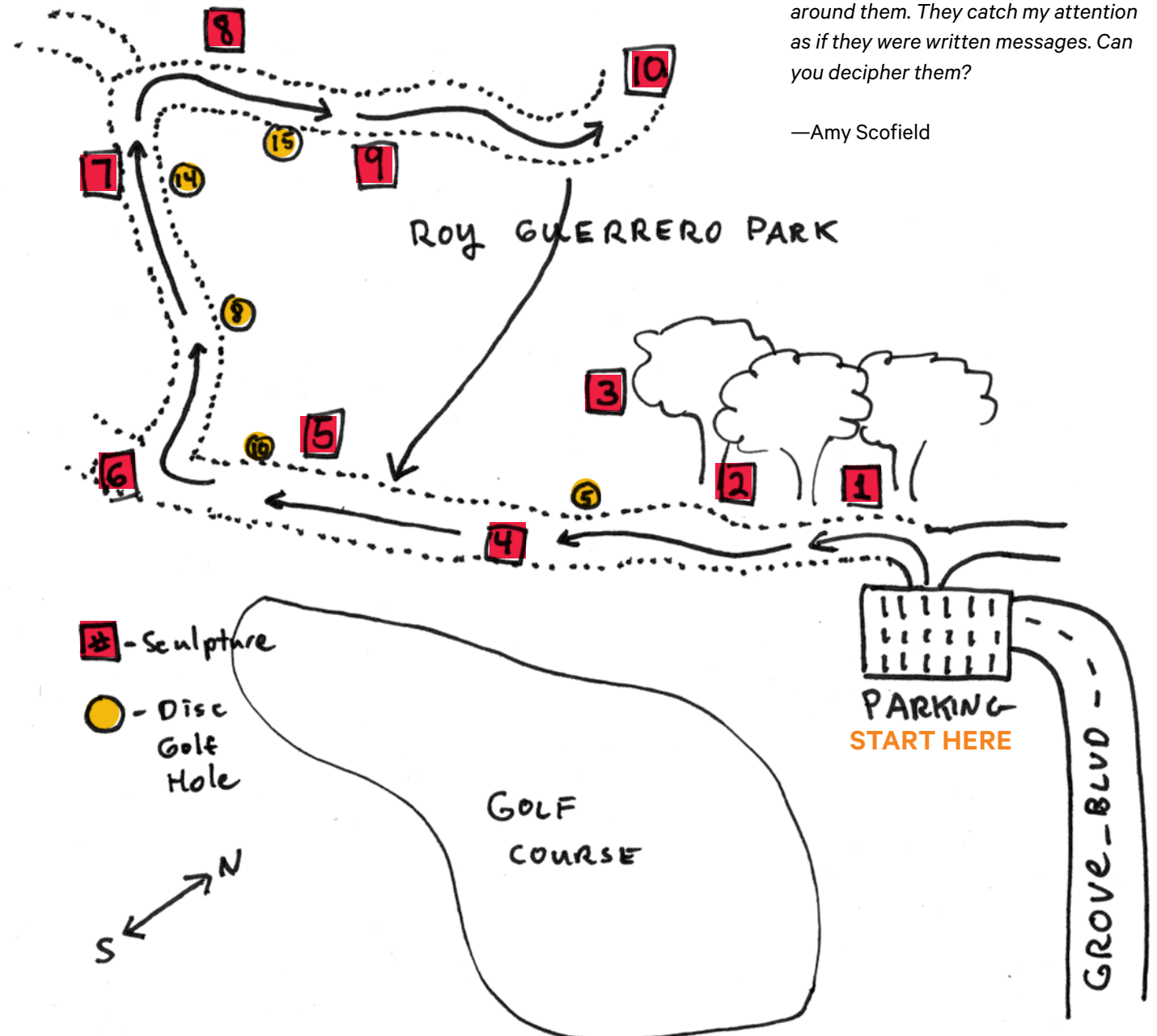
[Apple Map](#)



From the parking lot there is a path along the disc golf course. Facing the park, walk left on the path (southwest).

Walking along the path if there is a fork, go right. Look for ten sets of vines wrapped in red, yellow, or blue tape.

The sculptures are in a disc golf course, watch out for discs!



Thick, barky vines in the woods seem to levitate, unsupported, high into the tree branches and loop and swoop around them. They catch my attention as if they were written messages. Can you decipher them?

Ted Carey

Thoughts unsaid, then forgotten
2021

Over Bogey Creek, off the Bogey
Creek trail near the MLK Station
Neighborhood Park.

[Google Map](#)

[Apple Map](#)



Organizer's Statement

We approach the tip of a new era, the last waning moon before a new lunar year. The year of the Rat passes. The year of the Ox dawns.

The end of the pandemic feels, hopefully, closer. Sooner than a flinch a new time will engulf us. We will resume, but not from where we left off. If we claim the strength to build anew—where to marshal our efforts? Where to?

TO is the pause before the lurch. TO is the pointed toe leading a pitch.

Work in this show may answer questions, and may propose others. They may also just be enjoyed, and not just in still contemplation. Many of these works ask you to walk with them, or even run.

TO is third in Northern-Southern's trilogy of group exhibitions of wild art, responses to the Covid Pandemic.

—Phillip Niemeyer